Q1 | March 31, 2014

MFS® LIFETIME® 2055 FUND

Asset class

Lifetime Funds

Objective

Seeks a high level of total return consistent with its asset allocation until the approximate retirement year in the fund's name; thereafter, the fund will seek total return through a combination of current income and capital appreciation. The asset allocation of the fund will change over time.

Portfolio management

Team of Quantitative Professionals

General Oversight by Joseph C. Flaherty, Jr.

- 21 years with MFS
- 29 years in industry

Fund benchmark

Standard & Poor's 500 Stock Index measures the broad U.S. stock market.

Maximum sales charge

Class A shares

5.75% initial sales charge

Fund symbol and CUSIP

A	LFIAX	55279J627
B	LFIBX	55279J619
C	LFICX	55279J593
I	LFIIX	55279J585

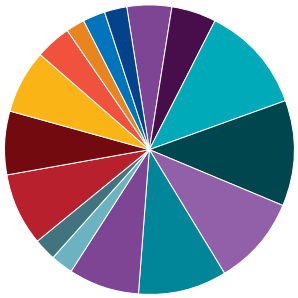
Portfolio characteristics data are based on the equivalent exposure of unaudited net assets as of 3/31/14. Equivalent exposure measures how a portfolio's value would change due to price changes in an asset held either directly or, in the case of a derivative contract, indirectly. The market value of the holding may differ. The portfolio is actively managed, and current holdings may be different.

- NOT FDIC INSURED
- MAY LOSE VALUE
- NO BANK GUARANTEE

An automatically reallocated portfolio of MFS funds

Provides convenient access to a professionally allocated, broadly diversified, rebalanced portfolio of MFS funds in a single investment. The allocation strategy will become more conservative as the fund's target date approaches.

HOLDINGS AS OF 03/31/14



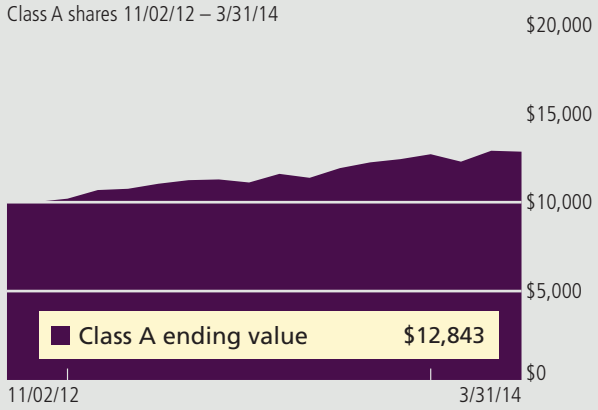
Cash and other assets are less liabilities. (0.0%)

TOP 10 HOLDINGS

Nestle SA
Google Inc
JPMorgan Chase & Co
Danone SA
Philip Morris International Inc
Danaher Corp
Wells Fargo & Co
Exxon Mobil Corp
Johnson & Johnson
Cognizant Technology Solutions Corp

6.2% of total net assets

GROWTH OF $10,000



Past performance is no guarantee of future results. Fund returns assume the reinvestment of dividends and capital gain distributions but do not include a sales charge. Results would have been less favorable if the sales charge were included.

CALENDAR YEAR TOTAL RETURNS (%) AS OF 3/31/14

	'04	'05	'06	'07	'08	'09	'10	'11	'12	'13
Class A without sales charge	—	—	—	—	—	—	—	—	—	24.52
Class I	—	—	—	—	—	—	—	—	—	24.80

Please see reverse for additional information.

Glossary

Market capitalization is the value of a corporation as determined by the market price of its issued and outstanding common stock. It is calculated by multiplying the number of outstanding shares by the current market price of a share.

Price/book ratio (P/B) is the ratio of a stock's price to its book value per share.

Price/earnings ratio (P/E) is the price of a stock divided by its earnings per share.

AVERAGE ANNUAL TOTAL RETURNS (%) AS OF 3/31/14

	Inception date	1 yr.	3 yr.	5 yr.	Life
Class A **without sales charge**	11/02/12	16.36	—	—	19.41
Class A **with 5.75% maximum sales charge**	11/02/12	9.67	—	—	14.50
Class I	11/02/12	16.69	—	—	19.76
Standard & Poor's 500 Stock Index	N/A	21.86	—	—	—
Lipper Mixed-Asset Target 2055+ Funds category average	N/A	16.67	—	—	—

Performance data shown represent past performance and are no guarantee of future results. Investment return and principal value fluctuate so your shares, when sold, may be worth more or less than the original cost; current performance may be lower or higher than quoted. For most recent month-end performance, please visit mfs.com.

Performance results reflect any applicable expense subsidies and waivers in effect during the periods shown. Without such subsidies and waivers the fund's performance results would be less favorable. All results assume the reinvestment of dividends and capital gains. The performance is as of the date shown; it may not include the fund's entire investment portfolio and is subject to change. It is not possible to invest directly in an index.

Class I shares ("I") have no sales charge or Rule 12b-1 fees and are available only to eligible investors.

FUND EXPENSES

	Class A	Class I
Gross Expense Ratio	19.65%	19.40%
Net Expense Ratio	1.06%	0.81%

Gross Expense Ratio is the fund's total operating expense ratio from the fund's most recent prospectus.

Net Expense Ratio reflects the reduction of expenses from fee waivers, reimbursements, and the exclusion of interest and fees. Elimination of these reductions will result in higher expenses and lower performance. These reductions will continue at least until August 31, 2014.

FUND DATA

Commencement Date	11/02/12
Net Assets	$4.2 million
Number of Issues	1946
Market Cap (weighted avg.)	$52.59 billion
Price/Book	3.08
Price/Earnings	22.22

NAV HISTORY (Class A)

12-month low	$11.78
12-month high	$12.69

IMPORTANT RISK CONSIDERATIONS

The fund may not achieve its objective. You may experience losses near, at, or after the target date. There is no guarantee that the fund will provide adequate income at and through your retirement. Stock markets and investments in individual stocks are volatile and can decline significantly in response to issuer, market, economic, political, regulatory, geopolitical, and other conditions. Investments in debt instruments may decline in value as the result of declines in the credit quality of the issuer, borrower, counterparty, underlying collateral, or changes in economic, political, issuer-specific, or other conditions. Certain types of debt instruments can be more sensitive to these factors and therefore more volatile. In addition, debt instruments entail interest rate risk (as interest rates rise, prices usually fall), therefore the Fund's share price may decline during rising rate environments as the underlying debt instruments in the portfolio adjust to the rise in rates. Funds that consist of debt instruments with longer durations are generally more sensitive to a rise in interest rates than those with shorter durations. At times, and particularly during periods of market turmoil, all or a large portion of segments of the market may not have an active trading market. As a result, it may be difficult to value these investments and it may not be possible to sell a particular investment or type of investment at any particular time or at an acceptable price. Investments in foreign markets can involve greater risk and volatility than U.S. investments because of adverse market, economic, political, regulatory, geopolitical, or other conditions. Investments in small-cap companies can be more volatile than investments in larger companies. MFS' strategy of investing in underlying funds exposes the fund to the risks of the underlying funds. Please see the prospectus for further information on these and other risk considerations.

MFS Fund Distributors, Inc.

1-800-225-2606

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Before investing, consider the fund's investment objectives, risks, charges, and expenses. For a prospectus, or summary prospectus, containing this and other information, contact your investment professional or view online at mfs.com. Please read it carefully.