



Asset class

Lifetime Funds

Objective

Seeks a high level of total return consistent with its asset allocation until the approximate retirement year in the fund's name; thereafter, the fund will seek total return through a combination of current income and capital appreciation. The asset allocation of the fund will change over time.

Portfolio management

Team of Quantitative Professionals

General Oversight by Joseph C. Flaherty, Jr.

- 21 years with MFS
- 29 years in industry

Fund benchmark

Barclays U.S. Aggregate Bond Index measures the U.S. bond market.

Risk measures vs. benchmark (Class A)

Alpha	4.77
Beta	0.33
R ²	4.20
Standard Deviation	4.47

Risk measures are based on a trailing 3 year period.

Maximum sales charge

Class A shares

5.75% initial sales charge

Fund symbol and CUSIP

A	MFSAX	55275E879
B	MFSBX	55275E861
C	MFSDX	55275E853
I	MFSIX	55275E846

Portfolio characteristics data are based on the equivalent exposure of unaudited net assets as of 12/31/13. Equivalent exposure measures how a portfolio's value would change due to price changes in an asset held either directly or, in the case of a derivative contract, indirectly. The market value of the holding may differ. The portfolio is actively managed, and current holdings may be different.

- NOT FDIC INSURED
- MAY LOSE VALUE
- NO BANK GUARANTEE

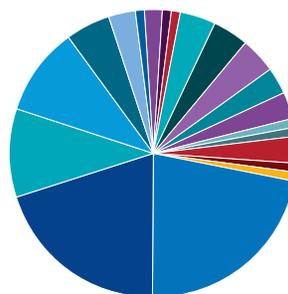
An automatically reallocated portfolio of MFS funds

Provides convenient access to a professionally allocated, broadly diversified, rebalanced portfolio of MFS funds in a single investment. The allocation strategy will become more conservative as the fund's target date approaches.

HOLDINGS AS OF 12/31/13

Bond Funds

- MFS Research Bond Fund (21.9%)
- MFS Limited Maturity Fund (19.9%)
- MFS Government Securities Fund (9.9%)
- MFS Inflation Adjusted Bond Fund (9.9%)
- MFS Global Bond Fund (5.0%)
- MFS High Income Fund (3.0%)
- MFS Emerging Mkts Debt Fund (1.0%)



Specialty Funds

- MFS Absolute Return Fund (2.0%)
- MFS Global Real Estate Fund (1.0%)
- MFS Commodity Strategy Fund (1.0%)

U.S. Stock Funds

- MFS Value Fund (4.0%)
- MFS Growth Fund (4.0%)
- MFS Research Fund (4.0%)
- MFS Mid Cap Growth Fund (3.0%)
- MFS Mid Cap Value Fund (3.0%)
- MFS New Discovery Fund (1.0%)
- MFS New Discovery Value Fund (1.0%)

International Stock Funds

- MFS Research Intl Fund (3.0%)
- MFS International Growth Fund (1.0%)
- MFS Intl Value Fund (1.0%)

Cash and other assets are less liabilities. (0.2%)

TOP 5 EQUITY SECTORS

Financial Services	20.7%
Health Care	12.3%
Technology	10.2%
Industrial Goods & Services	9.8%
Consumer Staples	7.9%

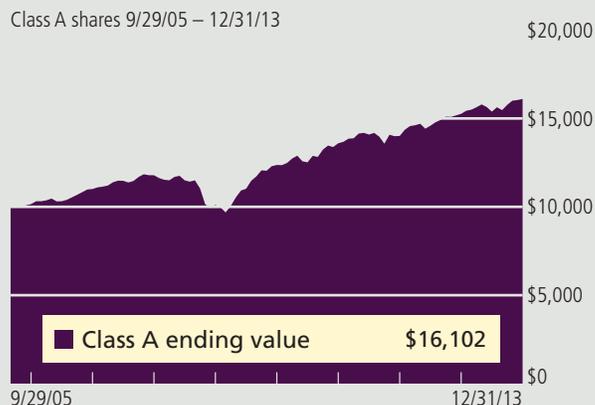
(% of equity assets)

TOP 5 FIXED INCOME SECTORS

High Grade Corporates	33.2%
U.S. Treasuries	24.0%
Mortgage Backed	13.5%
Emerging Markets Debt	7.0%
High Yield Corporates	5.9%

(% of fixed income assets)

GROWTH OF \$10,000



Past performance is no guarantee of future results. Fund returns assume the reinvestment of dividends and capital gain distributions but do not include a sales charge. Results would have been less favorable if the sales charge were included.

CALENDAR YEAR TOTAL RETURNS (%) AS OF 12/31/13

	'04	'05	'06	'07	'08	'09	'10	'11	'12	'13
Class A without sales charge	—	—	8.40	7.07	-14.29	22.43	9.93	3.04	8.93	5.51
Class I	—	—	8.66	7.45	-14.05	22.86	10.13	3.35	9.13	5.82

Glossary

Alpha is a measure of the portfolio's risk-adjusted performance. When compared to the portfolio's beta, a positive alpha indicates better-than-expected portfolio performance and a negative alpha worse-than-expected portfolio performance.

Beta is a measure of the volatility of a portfolio relative to the overall market. A beta less than 1.0 indicates lower risk than the market; a beta greater than 1.0 indicates higher risk than the market. It is most reliable as a risk measure when the return fluctuations of the portfolio are highly correlated with the return fluctuations of the index chosen to represent the market.

R² represents the percentage of the portfolio's movements that can be explained by the general movements of the market. Index portfolios will tend to have values very close to 100.

Standard deviation is an indicator of the portfolio's total return volatility, which is based on a minimum of 36 monthly returns. The larger the portfolio's standard deviation, the greater the portfolio's volatility.

Market capitalization is the value of a corporation as determined by the market price of its issued and outstanding common stock. It is calculated by multiplying the number of outstanding shares by the current market price of a share.

Price/book ratio (P/B) is the ratio of a stock's price to its book value per share.

Price/earnings ratio (P/E) is the price of a stock divided by its earnings per share.

Average effective maturity is a weighted average of maturity of the bonds held in a portfolio, taking into account any prepayments, puts, and adjustable coupons which may shorten the maturity. Longer-maturity funds are generally considered more interest-rate sensitive than shorter maturity funds.

Average effective duration is a measure of how much a bond's price is likely to fluctuate with general changes in interest rates, e.g., if rates rise 1.00%, a bond with a 5-year duration is likely to lose about 5.00% of its value.

* **Short positions**, unlike long positions, lose value if the underlying asset gains value.

Before investing, consider the fund's investment objectives, risks, charges, and expenses. For a prospectus, or summary prospectus, containing this and other information, contact your investment professional or view online at mfs.com. Please read it carefully.

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AVERAGE ANNUAL TOTAL RETURNS (%) AS OF 12/31/13

	Inception date	1 yr.	3 yr.	5 yr.	Life
Class A without sales charge	09/29/05	5.51	5.80	9.77	5.94
Class A with 5.75% maximum sales charge	09/29/05	-0.56	3.73	8.48	5.18
Class I	09/29/05	5.82	6.07	10.06	6.24
Barclays U.S. Aggregate Bond Index	N/A	-2.02	3.26	4.44	—
Lipper Mixed-Asset Target 2010 Funds category average	N/A	8.29	6.27	10.30	—

Performance data shown represent past performance and are no guarantee of future results. Investment return and principal value fluctuate so your shares, when sold, may be worth more or less than the original cost; current performance may be lower or higher than quoted. For most recent month-end performance, please visit mfs.com.

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Class I shares ("I") have no sales charge or Rule 12b-1 fees and are available only to eligible investors.

FUND DATA

Commencement Date	09/29/05
Net Assets	\$110.9 million
Number of Issues	2849
Market Cap (weighted avg.)	\$60.46 billion
Price/Book	3.29
Price/Earnings	23.37

TOP 10 HOLDINGS

United States Treasury Note/Bond 1.875 FEB 28 14
United States Treasury Note/Bond 0.875 DEC 31 16
United States Treasury Note 4.5 AUG 15 39
FNMA 30YR 4.0
United States Treasury Note 2.125 MAY 31 15
United States Treasury Note 1.500 JUN 30 16
United States Treasury Note 0.375 FEB 15 16
FNMA 30YR 5.5
FHLMC GOLD 30YR 3.5
UST Bond 10Yr Future MAR 20 14*

8.2% long and 1.2% short (*) positions of total net assets

FUND EXPENSES

	Class A	Class I
Gross Expense Ratio	1.24%	0.99%
Net Expense Ratio	0.89%	0.64%

Gross Expense Ratio is the fund's total operating expense ratio from the fund's most recent prospectus.

Net Expense Ratio reflects the reduction of expenses from fee waivers and reimbursements. Elimination of these reductions will result in higher expenses and lower performance. These reductions will continue until at least August 31, 2014.

NAV HISTORY (Class A)

12-month low	\$12.28
12-month high	\$12.98

PORTFOLIO DATA

Avg. Eff. Maturity	5.58 yrs.
Avg. Eff. Duration	4.04

PORTFOLIO STRUCTURE

Bonds	70.07%
Stocks	25.83%
Cash & Other	3.12%
Commodities	0.98%

CREDIT QUALITY[^]

U.S. Government	25.0
Federal Agencies	15.7
AAA	8.2
AA	5.2
A	16.5
BBB	21.5
BB	4.4
B	3.1
CCC and Below	1.0
Other Not Rated*	-0.6
(% of fixed income assets)	

[^] For all securities other than those specifically described below, ratings are assigned to underlying securities utilizing ratings from Moody's, Fitch, and Standard & Poor's rating agencies and applying the following hierarchy: If all three agencies provide a rating, the middle rating (after dropping the highest and lowest ratings) is assigned; if two of the three agencies rate a security, the lower of the two is assigned. Ratings are shown in the S&P and Fitch scale (e.g., AAA). All ratings are subject to change. U.S. Government includes securities issued by the U.S. Department of the Treasury. Federal Agencies includes rated and unrated U.S. Agency fixed-income securities, U.S. Agency MBS, and CMOs of U.S. Agency MBS. Other Not Rated includes fixed income securities which have not been rated by any rating agency. The portfolio itself has not been rated.

IMPORTANT RISK CONSIDERATIONS

The fund may not achieve its objective. You may experience losses near, at, or after the target date. There is no guarantee that the fund will provide adequate income at and through your retirement. Stock markets and investments in individual stocks are volatile and can decline significantly in response to issuer, market, economic, political, regulatory, geopolitical, and other conditions. Investments in debt instruments may decline in value as the result of declines in the credit quality of the issuer, borrower, counterparty, underlying collateral, or changes in economic, political, issuer-specific, or other conditions. Certain types of debt instruments can be more sensitive to these factors and therefore more volatile. In addition, debt instruments entail interest rate risk (as interest rates rise, prices usually fall), therefore the Fund's share price may decline during rising rate environments as the underlying debt instruments in the portfolio adjust to the rise in rates. Funds that consist of debt instruments with longer durations are generally more sensitive to a rise in interest rates than those with shorter durations. Investments in foreign markets can involve greater risk and volatility than U.S. investments because of adverse market, economic, political, regulatory, geopolitical, or other conditions. Investments in derivatives can be used to take both long and short positions, be highly volatile, result in leverage (which can magnify losses), and involve risks in addition to the risks of the underlying indicator(s) on which the derivative is based, such as counterparty and liquidity risk. Investments in small-cap companies can be more volatile than investments in larger companies. MFS' strategy of investing in underlying funds exposes the fund to the risks of the underlying funds. Please see the prospectus for further information on these and other risk considerations.

March 31, 2014

CLASS A MFS FUND PERFORMANCE SUPPLEMENT



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	Class A inception date	Max sales charge	AVERAGE ANNUAL TOTAL RETURNS (%)				EXPENSE RATIOS (%) ^{E1}		
			Including sales charges, through 3/31/14 YTD*	1 yr.	5 yrs.	10 yrs./Life	Gross	Net	Waiver end date
STOCK FUNDS									
Massachusetts Investors Trust	07/15/24	5.75	-4.42	14.16	18.21	7.73	0.77	0.77	—
Massachusetts Investors Growth Stock Fund	01/01/35	5.75	-4.92	13.90	19.48	7.18	0.75	0.75	—
MFS® Blended Research® Core Equity Fund	08/07/97	5.75	-4.41	17.43	19.86	8.02	1.16	0.85	01/31/15
MFS® Core Equity Fund	01/02/96	5.75	-4.39	15.48	20.25	7.56	1.11	1.11	—
MFS® Equity Income Fund	09/27/12	5.75	-2.76	15.93	—	16.94	2.67	1.25	11/30/14
MFS® Equity Opportunities Fund	08/30/00	5.75	-3.05	21.26	20.33	8.05	1.28	1.28	—
MFS® Growth Fund	09/13/93	5.75	-5.97	17.00	20.05	8.58	1.03	1.01	03/31/15
MFS® Low Volatility Equity Fund	12/05/13	5.75	-3.89	—	—	-2.07*	2.62	1.20	12/31/14
MFS® Mid Cap Growth Fund	12/01/93	5.75	-5.27	16.48	21.84	4.48	1.25	1.24	12/31/14
MFS® Mid Cap Value Fund	08/31/01	5.75	-2.49	17.52	24.64	8.30	1.22	1.22	—
MFS® New Discovery Fund	01/02/97	5.75	-8.55	12.92	26.41	8.63	1.35	1.32	12/31/14
MFS® New Discovery Value Fund	05/26/11	5.75	-4.11	18.52	—	14.93	1.62	1.45	06/30/15
MFS® Research Fund	10/13/71	5.75	-4.67	14.12	19.12	7.67	0.85	0.85	—
MFS® Technology Fund	01/02/97	5.75	-4.55	21.67	23.23	9.12	1.55	1.55	—
MFS® Total Return Fund	10/06/70	5.75	-3.86	6.58	12.49	5.56	0.75	0.75	—
MFS® Utilities Fund	02/14/92	5.75	0.19	9.52	19.09	12.79	1.01	1.01	—
MFS® Value Fund	01/02/96	5.75	-4.57	15.38	18.08	7.73	0.93	0.92	12/31/14
ASSET ALLOCATION STRATEGIES									
MFS® Conservative Allocation Fund	06/28/02	5.75	-4.39	0.54	10.59	5.46	0.99	0.99	—
MFS® Moderate Allocation Fund	06/28/02	5.75	-4.31	4.15	13.75	6.10	1.05	1.05	—
MFS® Growth Allocation Fund	06/28/02	5.75	-4.49	7.42	16.55	6.56	1.12	1.12	—
MFS® Aggressive Growth Allocation Fund	06/28/02	5.75	-4.73	10.71	18.63	6.52	1.20	1.20	—
MFS® Lifetime® 2010 Fund	09/29/05	5.75	-4.42	-1.55	8.90	5.20	1.24	0.89	08/31/14
MFS® Lifetime® 2015 Fund	11/02/12	5.75	-4.41	-0.71	—	2.29	2.52	0.91	08/31/14
MFS® Lifetime® 2020 Fund	09/29/05	5.75	-4.29	2.18	13.25	5.35	1.11	0.94	08/31/14
MFS® Lifetime® 2025 Fund	11/02/12	5.75	-4.29	5.73	—	9.79	2.11	1.00	08/31/14
MFS® Lifetime® 2030 Fund	09/29/05	5.75	-4.44	8.08	17.20	5.73	1.25	1.04	08/31/14
MFS® Lifetime® 2035 Fund	11/02/12	5.75	-4.60	9.04	—	13.73	2.74	1.05	08/31/14
MFS® Lifetime® 2040 Fund	09/29/05	5.75	-4.60	9.70	18.06	5.76	1.33	1.06	08/31/14
MFS® Lifetime® 2045 Fund	11/02/12	5.75	-4.61	9.75	—	14.56	4.32	1.06	08/31/14
MFS® Lifetime® 2050 Fund	09/15/10	5.75	-4.62	9.67	—	12.16	2.34	1.06	08/31/14
MFS® Lifetime® 2055 Fund	11/02/12	5.75	-4.69	9.67	—	14.50	19.65	1.06	08/31/14
MFS® Lifetime® Retirement Income Fund	09/29/05	5.75	-4.39	-1.50	8.77	5.13	1.04	0.89	08/31/14
MFS® Absolute Return Fund	03/30/11	4.75	-5.09	-5.00	—	-1.69	1.53	1.15	09/30/14
MFS® Diversified Income Fund	05/26/06	4.75	-1.44	1.94	15.06	6.74	1.09	1.09	—
MFS® Global Alternative Strategy Fund ^{S6}	12/20/07	5.75	-5.93	-1.38	9.02	1.74	1.64	1.40	02/28/15
MFS® Global Multi-Asset Fund	03/30/11	5.75	-4.31	-2.29	—	-0.69	2.23	1.44	10/31/14

* Periods less than one year are actual not annualized.

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S6 Subadvised by UBS Global Asset Management (Americas), Inc.

E1 Gross Expense Ratio is the fund's total operating expense ratio from the fund's most recent prospectus. **Net Expense Ratio** reflects the reduction of expenses from fee waivers and reimbursements. Elimination of these reductions will result in higher expenses and lower performance. These reductions will continue until at least date noted under the "Waiver End Date" column.

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MFS Fund Distributors, Inc., 111 Huntington Avenue, Boston, MA 02199

March 31, 2014

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	Class A inception date	Max sales charge	AVERAGE ANNUAL TOTAL RETURNS (%)				EXPENSE RATIOS (%) ^{E1}		
			Including sales charges, YTD*	through 1 yr.	3/31/14 5 yrs.	10 yrs./Life	Gross	Net	Waiver end date
GLOBAL/INTERNATIONAL FUNDS									
MFS® Asia Pacific ex-Japan Fund	09/15/10	5.75	-6.00	-3.32	—	3.07	8.15	1.70	11/30/14
MFS® Emerging Markets Equity Fund	10/24/95	5.75	-7.62	-10.51	12.07	7.74	1.69	1.68	09/30/14
MFS® European Equity Fund	09/15/10	5.75	-5.02	12.97	—	10.09	8.99	1.55	11/30/14
MFS® Global Equity Fund	09/07/93	5.75	-5.24	11.12	18.90	8.63	1.29	1.29	—
MFS® Global Growth Fund	11/18/93	5.75	-5.53	7.96	16.57	6.88	1.49	1.49	—
MFS® Global Leaders Fund	09/28/11	5.75	-7.30	2.76	—	14.96	2.97	1.45	12/31/14
MFS® Global New Discovery Fund	12/16/11	5.75	-7.70	7.71	—	20.70	3.24	1.50	12/31/14
MFS® Global Total Return Fund	09/04/90	5.75	-4.20	5.99	11.55	6.87	1.28	1.20	02/28/15
MFS® International Diversification SM Fund	09/30/04	5.75	-6.04	5.06	15.25	7.86	1.26	1.26	—
MFS® International Growth Fund	10/24/95	5.75	-6.69	1.67	14.82	7.12	1.32	1.32	—
MFS® International New Discovery Fund	10/09/97	5.75	-5.12	6.43	20.28	9.35	1.39	1.39	—
MFS® International Value Fund	10/24/95	5.75	-4.86	12.12	17.09	9.00	1.14	1.14	—
MFS® Latin American Equity Fund	09/15/10	5.75	-9.04	-18.15	—	-4.05	5.93	1.65	11/30/14
MFS® Low Volatility Global Equity Fund	12/05/13	5.75	-2.99	—	—	-1.04*	2.84	1.35	12/31/14
MFS® Research International Fund	01/02/97	5.75	-6.22	7.05	14.19	6.36	1.18	1.18	—
BOND FUNDS									
MFS® Bond Fund	05/08/74	4.75	-2.34	-3.06	9.85	5.25	0.83	0.83	—
MFS® Emerging Markets Debt Fund	03/17/98	4.75	-2.07	-6.81	10.33	8.02	1.16	1.13	11/30/14
MFS® Emerging Markets Debt Local Currency Fund	09/15/11	4.75	-2.19	-11.60	—	-2.28	1.73	1.25	11/30/14
MFS® Global Bond Fund	06/02/10	4.75	-2.05	-8.46	—	1.88	1.19	1.10	09/30/14
MFS® Government Securities Fund	07/25/84	4.75	-3.41	-5.98	1.94	3.34	0.85	0.85	—
MFS® High Income Fund	02/17/78	4.75	-2.29	1.74	15.46	6.39	0.92	0.92	—
MFS® Global High Yield Fund	07/01/98	4.75	-2.06	1.27	16.61	6.62	1.17	1.08	05/31/14
MFS® Inflation-Adjusted Bond Fund	09/30/03	4.75	-3.03	-11.56	3.01	3.13	0.98	0.80	02/28/15
MFS® Limited Maturity Fund	02/26/92	2.50	-2.13	-2.04	3.22	2.37	0.85	0.75	08/31/14
MFS® Research Bond Fund	01/04/99	4.75	-2.63	-3.75	7.24	4.29	0.91	0.81	08/31/14
MFS® Strategic Income Fund	10/29/87	4.75	-2.55	-1.79	9.13	5.20	1.16	1.06	02/28/15
MFS® Municipal High Income Fund	02/24/84	4.75	0.07	-6.79	8.47	4.29	0.72	0.70	05/31/15
MFS® Municipal Income Fund	09/07/93	4.75	-1.20	-6.20	5.54	3.94	0.80	0.77	07/31/14
MFS® Municipal Limited Maturity Fund	03/17/92	2.50	-1.50	-2.74	2.92	2.68	0.81	0.70	08/31/14
STATE MUNICIPAL BOND FUNDS									
MFS® Alabama Municipal Bond Fund	02/01/90	4.75	-1.63	-6.49	4.23	3.25	0.96	0.93	07/31/14
MFS® Arkansas Municipal Bond Fund	02/03/92	4.75	-1.73	-6.96	3.38	3.09	0.86	0.71	07/31/14
MFS® California Municipal Bond Fund	06/18/85	4.75	-0.86	-5.89	5.61	3.66	0.85	0.70	07/31/14
MFS® Georgia Municipal Bond Fund	06/06/88	4.75	-1.41	-6.74	4.06	3.21	0.96	0.95	07/31/14
MFS® Maryland Municipal Bond Fund	10/31/84	4.75	-1.76	-7.28	4.25	2.99	0.92	0.92	—
MFS® Massachusetts Municipal Bond Fund	04/09/85	4.75	-1.43	-7.46	4.27	3.40	0.85	0.85	—
MFS® Mississippi Municipal Bond Fund	08/06/92	4.75	-1.64	-6.48	3.95	3.50	0.90	0.75	07/31/14
MFS® New York Municipal Bond Fund	06/06/88	4.75	-1.22	-7.64	4.02	3.22	0.86	0.86	—
MFS® North Carolina Municipal Bond Fund	10/31/84	4.75	-1.53	-7.28	3.79	3.22	0.84	0.84	—
MFS® Pennsylvania Municipal Bond Fund	02/01/93	4.75	-1.24	-7.15	4.31	3.38	0.89	0.74	07/31/14
MFS® South Carolina Municipal Bond Fund	10/31/84	4.75	-1.54	-7.90	3.64	2.93	0.86	0.86	—
MFS® Tennessee Municipal Bond Fund	08/12/88	4.75	-1.52	-7.75	3.78	3.11	0.90	0.90	—
MFS® Virginia Municipal Bond Fund	10/31/84	4.75	-1.36	-6.68	3.91	3.21	0.86	0.86	—
MFS® West Virginia Municipal Bond Fund	10/31/84	4.75	-1.24	-7.17	3.78	2.83	0.88	0.88	—

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